

Diabetes testing and prevention urged at Hampton U. conference

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By Dominique Burns

A medical breakthrough has occurred due to the different methods of measuring blood sugar in diabetes patients, said a presenter Thursday at the 37th annual Hampton University **Black Family Conference**. 

Glucose meters, strips and needles are many ways that diabetes patients measure their levels today. With the help of technology it has been made easier for patients with diabetes to keep track of their eating habits and to stay healthy.

Mack Bonner, the morning segment presenter, highlighted an important moment in the past history of diabetes when a question arose from the crowd. Now, doctors can measure sugar intake as well as the level of diabetes through urine. Instead of medical instruments and needles, tools have been made to test urine on glucose testing strips. These strips are used today and have been made more efficient for diabetes patients.

*The writer is a student in the **Scripps Howard School of Journalism and Communications**.*